

Please remain anonymous.

If you need more room to answer the questions, please use the back of the sheet.

Survey on Dietary Choices

Directions: Please circle the applicable info and write detailed responses into the available answer fields. If there are any fields you do not want to circle or any questions that you do not want to answer, keep in mind this survey is anonymous and used only for the purposes of an undergraduate course. If you still do not feel comfortable taking part in any or all portions of this survey, don't worry; it is not a requirement.

Demographic Info:

Age range: 18 and below 19-20 21-23 24-26 27-30 31-40 41-50 51 and above
Gender: Male Female
Annual Income: \$20,000 and below \$20,001-\$35,000 \$35,001-\$50,000 \$50,000 and above
Race: _____

Eating Habits:

1. What do you consider yourself? Circle one or all that apply. Do not circle something if you did not know its definition prior to taking this survey.

Vegetarian Ovo-Vegetarian Lacto-Vegetarian Ovo-Lacto Vegetarian Vegan Raw Vegan Pescetarian Fruitarian
Buddhist/Su Vegetarian Jain Vegetarian Pollotarian Pollo-Pescetarian Flexitarian Freegan Ethical Omnivore
Other: _____

2. Which of these foods do you currently partake in the consumption of? Circle none, one, or all that apply.

Beef Pork Lamb Dairy Venison Chicken Eggs Turkey Fish Oysters Shrimp Other Birds Other Animals

3. Please list the prior foods you circled and then rank each on the frequency of your consumption. The scale ranges from 1 to 5—5 being “always consuming,” 3 being “sometimes consuming,” and 1 being “rarely consuming.” Please explain under what circumstances you “rarely” consume some foods.

4. How long have you considered yourself a/an [insert answer to #1 here]? If your frequency of consumption of some foods has changed throughout your time as a/an [...], please explain your decision to undergo those dietary changes.

5. If you do partake in some of the prior foods listed while abstaining from others, please explain this decision.

6. Why did you decide to become a/an [...], and why do you remain a/an [...] to this day? A certain evolution of reasons and opinions tends to occur as one gains more knowledge on the subject. Explain your personal evolution of reasons and opinions, with emphasis on where you stand on the subject today.

7. Please add anything else you believe to be notable about your experience as a/an [...].